

Jeevan Pravaas

Life Mentoring Services



***DEEP DIVE CAREER MENTORING PROGRAM***

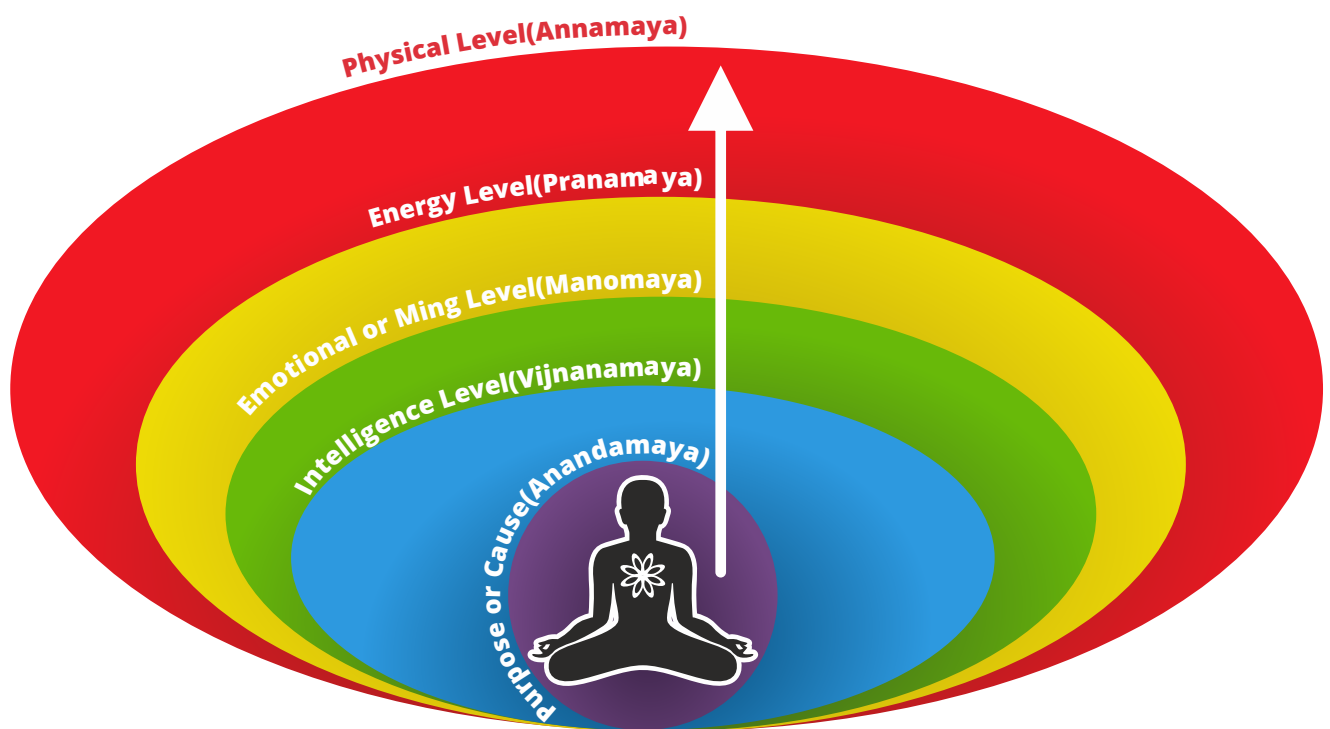
Our **Deep Dive Mentoring Program** ignites a profound sense of passion and purpose, fostering a genuine love for one's pursuits. It acts as a transformative catalyst for countless young individuals who, through our unique processes, discover their true potential for achieving greater heights in life.

- The program is specially designed for **Non Traditional Learners**, students who may not be inclined towards academic pursuits but hold the potential to become the future generation of entrepreneurs, sports stars, entertainers, designers, adventurers, media personalities, and more.
- We also strive to **empower parents** by fostering a deep understanding of their children and engaging them as **equal partners** in their child's growth and development through our innovative interventions.

# About Jeevan Pravaas

**Jeevan Pravaas Consultancy LLP, a Social Entrepreneurship, is an effort towards enabling youth to live happily in the present by connecting their own Inherent strengths to chosen futuristic occupations.** We believe that every stage of life is important and needs to be lived with full enthusiasm and energy.

Our strength and value based methods are inspired from the Bhagwad Gita and Upanishads, as we are committed to blending the wisdom of our Vedic heritage with Contemporary psychology to create programs tailored specifically for today's youth.



# Why Jeevan Pravaas

In a nation where the pressures of modern life weigh heavily on young shoulders, Jeevan Pravaas aims to provide solution to the dilemma students as well as anxious parents . Here's why our journey is so crucial:



## Parental Stress & Lost Quality Time

Parents today are fraught with worry, struggling to understand their teenage children and missing out on precious together quality time.



## Youth Confusion & Peer Pressure

Young individuals grapple with bewildering options, intense competition, peer and parental pressures when choosing careers, often overlooking their own passions and suitability.



## Education-Industry Mismatch

Our education system falls short in meeting market demands, resulting in a significant skills gap that frustrates both employers and employees.

# Why Jeevan Pravaas



## Ever-Evolving Careers

Rapid technological advancements render traditional career paths obsolete while new ones emerge constantly, leaving young minds without a structured approach to adapt and thrive.



## Self Well Being

We focus on enhancing the physical, mental, and emotional well-being of the students to ensure a holistic development and improved productivity of the person, the society, and in turn, for the entire nation.



# DEEP DIVE MENTORING PROCESS & ETHOS

Dive! Dive! Dive!

A Unique Youth Mentoring Program inspired from a  
**“Submarine's Attack Mission”**



“Like a submarine attack that demands precision and adaptation to hit a moving target, achieving career success requires meticulous planning, continuous monitoring, and strategic execution. Life's journey, like a submarine mission, necessitates careful planning & tactics to reach your desired destination while navigating a dynamic and evolving environment.”



## Prepare for Mission Stage :

### Step 1

Prepare the submarine and the crew for sailing and training for Attacking Target.

#### Analogy to Life Journey:

**The age from 13-18 years** is primarily a **“Preparation”** stage for a child to get ready for **“Mission of Life”** which includes all the necessary values and skills needed to be a good human being and create their own identity. These are bracketed into 4 areas:

(a) **“Physical Skills”** namely body strength and fitness,

(b) **“Social Skills”** namely relationships, communication, networking, empathy etc.

(c) **“Intellectual Skills as well as Competence”** pertaining to the area and kind of work the person is suited for

(d) **“Mental Skills”** or Mindfulness for Peace of Mind and Good concentration or focus while working. .

## Dive Deep

### Step 2



Understand the enemy strengths and own capabilities, dive deep to avoid detection and move clandestinely when nearing Enemy Ships.

### Analogy to Life Journey

In the Preparation stage of Life, the internal inherent strengths of a student need to be fortified and enhanced like the Hull of a submarine to give protection against the pressures and stresses of the world and the psychological disturbances that any “competitive” environment will bring along. This is therefore a “Deep Dive” phase to “Know Self” very well and build a strong fort to ward off any negative inputs from the “negative influencers” like “fear of competition”, “comparisons with peers” etc.



## Locate & Identify



### Step 3

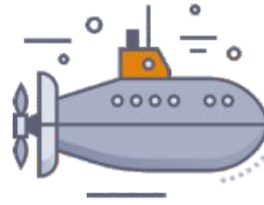
Carrying out search using Sonar and sensors available, identifying the enemy combat vessels, select and concentrate on the target

### Analogy to Life Journey

Most important stage when the student should become fully aware of own strengths, capabilities, and skill gaps. With this awareness, understanding and exploring the world of work, student proactively design a “futuristic opportunity” with a clearly defined “purpose” which spells out the “value proposition” to a “specific target audience” . Students get aware about the futuristic and trending careers, identify, and explore those which interest them and shortlist one or two broad areas of work.

## Maneuver to Attack

### Step 4



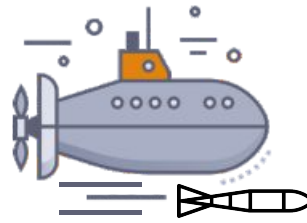
Carry out manoeuvres to calculate the Target Motion Parameters, such as enemy ship range, speed & course to calculate the future position of the target and determine the torpedo trajectory to destroy the ship.

### Analogy to Life Journey

Now that the life's Direction is set, the milestones of personal development need to be finalised. The preparation is focussed to build a very high level of preparedness for the world of work. Since the area chosen is according to one's strengths and interests as well as preference, the student should enjoy the "journey" of learning and growth.

## Attack & Monitor

### Step 5



Prepare and fire the torpedo at the future enemy position. Monitor the torpedo run, keep crew motivated, be ready for the enemy changing tactics and Prepare for Counter attack.

### Analogy to Life Journey

As the child approaches the “Entry Point” into Higher Education and the world of work, they must be completely focussed and adaptable to the changing scenarios in the future of work. Building relevant skills, keeping options open and utilising opportunities, needs proper guidance and hand holding from time to time. It is not about 'reaching' a destination, but being a great “traveller” with amazing experiences of life, that will create a “fulfilled meaningful life” which includes a happy family, good friends and relationships. It will provide a peaceful mind which is focussed and undistracted, a healthy and fit body, knowledge and wisdom gained through life experiences.

## Deliverables & Timeline

Our mentoring sessions include the above steps and are delivered with following timelines:

Session	Submarine Attack Mission	Topic	Duration (Minutes)	Mode	Remarks
1st	Prepare to sail & Attack	Understanding & Connecting with Mentor	30	Online	Mentee and Parents required. Also fill a personal details form.
		Psychometric Assessment	30	Online	Mentee takes Psychometric assessment independently within 3 days of 1st session
2nd	Dive Deep, Locate & Identify	Informed decision making	90 to 120	Online/ Offline	Mentee and Parents attend. Scheduled within 4-5 days of completion of Psy. Ass.
		Career Research			Mentee gets 10 days to explore suggested careers.
3rd	Locate, Identify, Manouver & Attack	Unleashing Potential	45 to 60	Online	Mentee and Parents attend. Career Destination & Path is set
		Students Workbook & Psychometric Assessment Report			Mentee gets report & a workbook for documenting the salient aspects of mentoring process & decisions taken
4th	Monitor & Support	Parental Involvement	15	Online	Only for Parents.

Cost Of Deep Dive Mentoring Program – **Rs.15,000/-** Only.

[Register Now](#)

*“Embark on an exhilarating voyage of self-discovery, exploration, and personal growth with us, and together, let's unleash the boundless potential within your child.”*